



Covid-19 - Return to Tennis



Please ensure you read the following guidelines **very carefully**:

- **Before you play**, please stay at home if you

- Have returned from overseas in the last 14 days.
- have been in direct contact with someone with COVID-19 in the last 14 days
- are experiencing any of the following symptoms:
 - sore throat
 - headache
 - fatigue
 - temperature above 37.5 C
 - continuous cough
 - shortness of breath
- If you are in a high risk health category, consider whether you should be playing tennis at any time during this period. Please do not take unnecessary risks.

- **Social distancing on court**

- **Maximum 2 people on a court at any one time – 4 people if you live in the same household**
- **Maximum of 10 people in total at the venue.** Do not enter the venue if this number is exceeded
- Keep 1.5 meters away from other people at all times.
- No handshakes or High Fives (try tapping racquets instead).

- **Behaviours** - To protect against infection, you must:

- Bring your own hand sanitiser - Wash/sterilise your hands before and after you play.
- Avoid touching your face while playing.
- No sharing of water bottles and bring your own bottle, already full. Drink taps are not available.
- No sharing racquets.
- Bring your own balls.
- Serving poses a particularly high risk with the necessary handling of balls so try to avoid serving for the time being.
- Use your racquet to pass/return tennis balls to other players.
- Cover your coughs and sneezes with your elbow.
- Be aware of what surfaces you touch and ensure you clean them after play.

- Lights are not available for social play. **Note:** These can be turned on for social play if a coach is present. It will cost you **\$10 per hour**. Money is to be provided to the coach.
- No social play on courts adjoining coaching programmes.
- At Taroona Ave, enter the courts via the side gate near Court 1. There is construction at the club and you cannot enter the construction zone.
- Only participants are allowed on courts and at the venue. If participants are children, one parent is allowed to watch. We recommend parents watch from the car.
- Wait for the participants of the previous session to leave the courts before you enter.
- No off-court social gatherings or group meals before or after play.
Socialising is not allowed at the venue. Once you have finished your session, please leave the club.
- Clubhouse will remain closed at all times.
- We recommend that you download the Government's COVIDSafe app.

All locks on courts must be closed and locked when you finish playing.